



**WIC is a federal nutrition program that provides**

- Nutrition Education
- Nutrition Counseling
- Breastfeeding Support
- Nutritious Foods
- Referrals to Other Services

**WIC may be able to help you if you....**

- Are pregnant or breastfeeding
- Have an infant or children up to age 5
- Are working with limited income or have no income
- Want to improve your family's health with good nutrition

**Illinois WIC - Income Guidelines**

*Effective July 1, 2010*

Family Size	Weekly	Monthly	Yearly
1	\$386	\$1,670	\$20,036
2	\$519	\$2,247	\$26,955
3	\$652	\$2,823	\$33,874
4	\$785	\$3,400	\$40,793
5	\$918	\$3,976	\$47,712
6	\$1,051	\$4,553	\$54,631
<b>For each additional family member add</b>	<b>+\$134</b>	<b>+\$577</b>	<b>+\$6,919</b>

Call your WIC clinic and schedule an appointment today!  
To find a clinic near you, call the automated office locator line.

**1-800-323-4769 (voice) 1-866-295-6817 (TTY)**

WIC does not require proof of citizenship or alien status  
"This institution is an equal opportunity provider."

For more information about the WIC program call the DHS Helpline at

**1-800-843-6154 (Voice) 1-800-447-6404(TTY)**



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