

Army Spouse Career Assessment Tool (ASCAT)

New at www.myarmyonesource.com

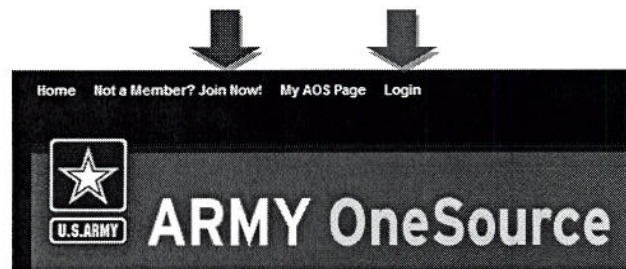
www.myarmyonesource.com

Find the career path that is best for you!

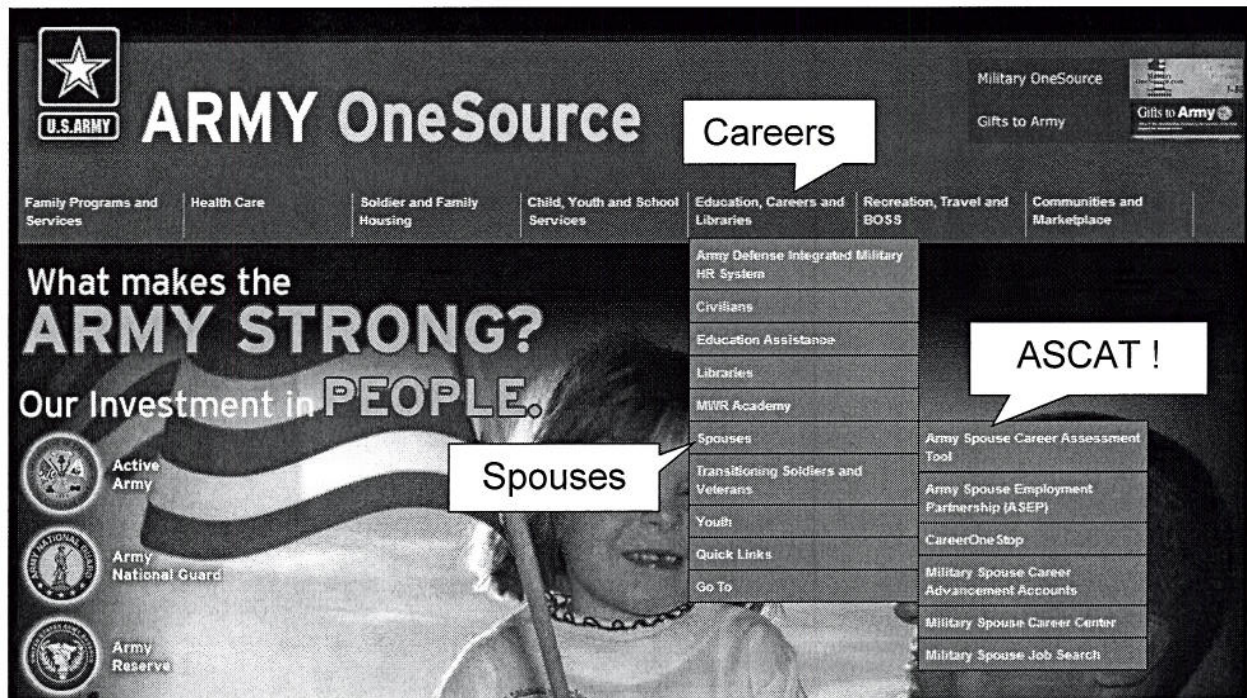
Take a complete, career assessment – on line

- Learn what jobs you should target
- Discover your key interests
- Improve your career situation
- Create your own career profile
- Get ready to answer the interview question: “Tell me about yourself?”
- Increase your income opportunities

Log in to Army OneSource (AOS) in the upper left or create an account at “Join Now!”



At www.myarmyonesource.com – look under “Education, CAREERS, and Libraries”;
Then “SPOUSES” and the “ARMY SPOUSE CAREER ASSESSMENT TOOL” (ASCAT)



U.S. ARMY **ARMY OneSource**

Home Not a Member? Join Now! My AOS Page Login

Family Programs and Services | Health Care | Soldier and Family Housing | Child, Youth and School Services | **Education, Careers and Libraries** | Recreation, Travel and BOSS | Communities and Marketplace

Military OneSource
Gifts to Army

What makes the **ARMY STRONG?**
Our Investment in **PEOPLE.**

Active Army
Army National Guard
Army Reserve

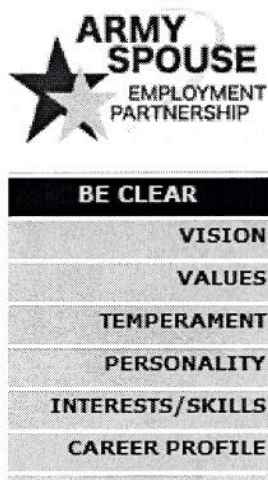
Careers

- Army Defense Integrated Military HR System
- Civilians
- Education Assistance
- Libraries
- MWR Academy
- Spouses**
- Transitioning Soldiers and Veterans
- Youth
- Quick Links
- Go To

ASCAT!

- Army Spouse Career Assessment Tool
- Army Spouse Employment Partnership (ASEP)
- CareerOneStop
- Military Spouse Career Advancement Accounts
- Military Spouse Career Center
- Military Spouse Job Search

Work through the modules at your pace. In the upper left corner are the “action buttons” to take you through the steps. Look for this section:



While you are in the Spouses section, check out the other on-line tools for your Career Development:

Spouses	Army Spouse Career Assessment Tool
	Army Spouse Employment Partnership (ASEP)
	CareerOneStop
	Military Spouse Career Advancement Accounts
	Military Spouse Career Center
	Military Spouse Job Search

I am pleased to serve as your counselor and career coach. I can provide other assistance with ASCAT. I will also be glad to help explain the results or assist you in determining your next steps, writing résumés, and practicing for interviews. Please do e-mail or call me!

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Visit our local ACS websites at
www.riamwr.com/acs/employment.htm
 and
www.riamwr.com/acs/jobsmoneyht.htm

